

## Forklift Training Program British Columbia

Forklift Training Program British Columbia - Lift trucks are sometimes referred to as hi los, lift trucks or jitneys. These powered industrial trucks are utilized widely nowadays. Department stores used forklifts in order to unload merchandise from trailers. Warehouses utilize them for tiering product. And grocery stores use small models to drop stock in the aisles. Whether transporting lumber at a sawmill or loading material at a construction site, forklift operators are required to be well trained and certified. The main concern must be on the safety of the pedestrian and worker. This forklift training course teaches the health and safety regulations governing forklifts to be able to ensure their efficient and safe use.

### Forklift Training Program Safety Guidelines:

Right training ensures that operators of forklifts could maintain control of the forklift throughout traveling, lifting and tilting. Just trained operators must drive a forklift.

While the forklift is in operation; arms, hands, head, legs and feet should be kept inside the forklift. Forklift forks should be kept low to the ground while being slightly tilted back. Observe posted traffic signs. Reduce speed and sound the horn if taking a corner. If the driver's vision is blocked by the load, slowly drive backwards. Pre-inspect the ground for potential dangers, such as objects, oily or wet spots, holes, rough patches, vehicles and people. Avoid sudden stops.

When a vehicle or a person crosses the blind spots of the lift truck, stop the truck, lower the load, and do not continue until the path is clear. If traveling on an incline, the forks should be pointed uphill with a load and downhill without a load. The lift truck must only be turned around if on level ground.

Safety guidelines while steering - Never turn the steering wheel sharply when traveling fast. Turn using the rear wheels and support the load by the front wheels. A truck that is overloaded would be hard to steer. Adhere to load limits. Never add a counterweight as a way to improve steering.

Safety tips while loading - Follow the recommended load and capacity restrictions of the lift truck. This information is displayed on the data plate. Always make certain that the load is placed based on the recommended load centre. The lift truck will remain stable so long as the load is kept near the front wheels.

Before inserting the forks into the pallet, the forklift mast must be in an upright position. Level the forks before inserting them.